OBAMA BACKS MEXICO'S DRUG FIGHT, PG 6

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CALGARY • WEEKEND, APRIL 17-19, 2009 metronews.ca

Celebrity pg 26

Mandy looks forward to music relaunch

Fans hopeful for Game Two after OT loss

PLAYOFFS The mood was sombre after an intense Game One for Calgary Flames fans downtown.

Tina Strong, 27, was out in full red force with her friends Thursday night but even though her beloved team lost 3 to 2 in overtime, she still thought it was a good game.

"I think everyone thought they would lose badly but they came out hard and deserved to win. It was a bad call in overtime" she said adding she thinks they will win Game Two.

"I think everyone was into it but it wasn't rowdy and I think we're all a little down. We thought we had it." METRO CALGARY

Flames fans get fired up for another spring playoff run, VIDEO at: metronews.ca/local

Music pg 19

k-os says Yes! with latest

EARTH DAY: APRIL 22

GoGreen

In honour of Earth Day on Wednesday, Metro is providing you with ways you can go green and lessen your environmental footprint.

MOVIES. Think you know the planet you live on? Then you may be surprised when you see Disney's Earth. Page 17.

NEXT WEEK

ENTERTAINMENT. The greening of popular music.

HEALTH. Green your sex life: 10 eco-friendly ways to make love better.

Game One **Next time**

FRANK POLICH/REUTERS

Flames winger Jarome Iginla battles Chicago Blackhawks defenceman Duncan Keith for the puck in the first period of Game 1 of their NHL Western conference quarterfinal hockey game Thursday night in Chicago. The Flames surrendered 3-2 in overtime. Coverage, pg 11

Ride lots morph into park and pay

SHAWN LOGAN
for Metro Calgary

CHARGE Commuters who use park and ride lots should get ready to dig a little deeper into their wallets over the next six weeks.

Beginning Monday, Calgary Transit will charge $3 for those who park at the Shawnessy, Whitehorn and Brentwood stations and will impose the same fee at more lots every week until the end of May when all 33 will require payment.

Transit spokesman Ron Collins said since the first three pay lots were launched on March 16, there have been a few bumps with users flocking to find free parking in nearby neighbourhoods or other lots.

But with between three and four stations starting to charge for parking every week, he believes Calgarians will come to terms with the controversial charge.

"As we continue to phase this in there will be more acceptance," he said.

Free times

- Park and ride users will have to pay to park on weekdays between 2 a.m. and 6 p.m. but will no longer have to pay for evenings and weekends after council decided to give commuters a break.

Area jumper takes fight to court

KRISTEN THOMPSON
Metro Canada

The discipline, drive and focus they learned as athletes have helped prepare 15 female ski jumpers for their fight to be included in the 2010 Olympics, a Calgary jumper said.

Lawyers representing the women will present their opening arguments in B.C. Supreme Court on Monday in a lawsuit that claims VANOC has violated their rights to equality by only allowing male athletes to compete in 2010.

Calgary jumper Katie Willis, 17, a plaintiff in the case, said athletes have to be assertive and confident to succeed, and that she is approaching the lawsuit as she would a competition.

"It's just another obstacle to overcome," Willis said. "We know we'll get there eventually, and that we'll be pioneers."

Willis said she has pushed herself her whole life to get to the top and that's why this situation is harder to take.

"As I grow up I see men and women becoming more and more equal … and it's important for me that the first time (women compete in the Olympics) be in Canada."

The IOC said there wouldn't be athletes competing in 2010, and they wouldn't have participated in enough world championships beforehand to justify including a women's component in the Games.

"It's every athlete's dream to represent their country in the Olympics and it's hard to know I can't do that," Willis added.

American jumper Lindsey Van, who is a plaintiff in the case and the current world champion, said training to be a world-class athlete has prepared her to take on any fight.

"You learn mental toughness to be competitive, and it's the same thing in this situation," Van said.

"It's a historic thing that's happening in our sport and it's important to be (in Vancouver on Monday). If it doesn't work out at least we'll have the satisfaction of knowing that we actually tried."

ROBIN KUNISKI/FOR METRO CALGARY

Katie Willis at the Canada Olympic Park on Thursday.

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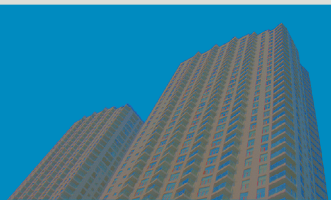
Alberta-wide library card could be in the works
The province might consider the idea of an Alberta-wide library card as part of an overall integration of the public library system, according to Municipal Affairs Minister Ray Danyluk. On Thursday Danyluk announced a $9-million boost to provincial libraries. METRO CALGARY

Local



High-density support

A new poll sponsored by Plan It Calgary opposition showed most residents support high-density developments around transit stations. However, 72 per cent of the 800 people asked said they want to live in a single-family home, according to the Urban Development Institute of Calgary. METRO CALGARY

Calgary a top town to call home: Study

SHAWN LOGAN
for Metro Calgary

One of North America's leading urban thinkers has named Calgary as one of the top places to live in Canada.

Richard Florida, renowned author of The Rise of the Creative Class, has listed Calgary among the top cities in a study of 145 metropolitan areas in Canada, lauding it for its economic strength, quality of life and job potential.

The rankings, which cover five separate demographic groups, name Calgary as tops among recent university grads, second for mid-career professionals and No. 3 for families, empty nesters and retirees.

"Calgary has, in effect, really grown up," said Florida, who crunched the numbers for the first Canadian edition of his Who's Your City? series.

"There's been a misconception of Calgary as a boom town, but the young people who have flocked to the city like it a lot and they have reason to stay."

> **"There's been a misconception of Calgary as a boom town, but the young people who have flocked to the city like it a lot."**
> Richard Florida, author

Only Ottawa-Gatineau ranked higher than Calgary across the five categories, earning the top spot for families, retirees and mid-career professionals.

Mayor Dave Bronconnier said the recognition following close on the heels of a Toronto Board of Trade report naming Calgary Canada's top city are reasons for Calgarians to be proud.

"We consistently have received high marks by external, independent adjudicators and this demonstrates that Calgary is a very good place to grow a business or raise a family," he said. "But there are still many challenges in the years ahead and we're not going to be resting on our laurels."

Chima Nkemdirim of the Better Calgary Coalition said the rankings clearly single out Calgary as a vibrant centre that is fast becoming a destination for not only the career-focused but for families and those looking to settle down.

"To be in the top three for each of these career points shows this is a city that works for everybody," he said.

"There are things that can be done better such as dealing with urban sprawl and improving Calgary Transit but this shows Calgary is a balanced city."

Something for all at Women's Show

ROUNDUP From fashion to chiropractors and automobiles, there's something for everyone at the 27th annual Calgary Woman's Show this weekend.

"Its affordable fun," says director of operations Karen Cooke.

"It only costs $13, you can spend all day there and there are free samples. You know, you can't even go to a movie for less than $13."

The show will feature appearances by Young and Restless co-stars Jack Abbott and Paul Williams, as well as one-minute makeover ambushes, style workshops and more than 250 exhibitors. There's also a chance to win an urban retreat at Hotel Arts.

Catch the action at the Stampede Park Roundup Centre from 10 a.m. to 6 p.m. on Saturday, and 11 a.m. to 5:30 p.m. on Sunday.

ALYSSA JULIE / FOR METRO CALGARY

Luxury car dealership an 'investment' in city

WYNZIE CHAI
for Metro Calgary

ROBIN KUNISKI / FOR METRO CALGARY

Ryan Fiple and Jessica Turanec came in from Kelowna, B.C., to take a look at the new Spyker C8, up for sale at Calgary's new Bentley dealership, which opened Thursday.

The official opening of the ultra-luxury automotive dealership Distinctive Collection has launched itself upon an economically half-asleep Calgary.

But that doesn't worry owner of the Dilawri Group, part of the launch of the new Bentley car store. "The truth is, ultra-high net worths are still doing well, even in the midst of the recession," said Tony Dilawri.

The newly renovated facility in the Calgary Auto Mall showcases the newest Aston Martins, Bentleys, and Spykers, and plans are underway to create a unique lounge in the already lavish showroom.

"The dealership has the three elite automotive brands under one roof, which gives our customers more choice. We're expecting to sell at least six to nine cars a month," he added.

Christophe Georges, COO of Bentley Motors, said the launch is more of an investment. "When you invest, you invest for long term. We're not just investing for the short term, we believe in the long term potential for Calgary," he said.

Executives from Bentley, Aston Martin and Spyker have joined Dilawri to launch the grand opening with an exclusive dinner for Bentley customers, with all proceeds from the $500 a plate dinner going to Cardiac Rehab.

"Calgary's importance to the automotive sector is growing," adds Dilawri. "It's a market to be taken seriously, particularly when it comes to its long-term potential."

News in brief

SHOOTING Cops have detained four people and are looking for public assistance in the wake of brazen shooting that left a man injured. Three men and one woman, all in their 20s, are in custody but haven't been charged in connection with the Wednesday night shooting in the 4900 block of Macleod Trail. A 28-year-old man was injured with a single bullet wound following an attack that police believe was targeted. Investigators say the shooter fled in a blue Hyundai.
METRO CALGARY

metronews.ca
What's online today.

Read Regional leaders team up to tackle urban development at **metronews.ca/local**
Video A spoon-bending mentalist shows off at **metronews.ca/canada**

Man leaps to his death from plane
An apparently distressed passenger aboard a small charter flight Wednesday night to Cambridge Bay, Nunavut, forced open the aircraft's door and leapt to his death, police said. CBC NEWS ONLINE

Canada

Lafleur didn't mention tryst

Hockey legend Guy Lafleur appeared in court Thursday in his defence against a charge of giving contradictory testimony, telling a judge it never occurred to him to mention his son's hotel tryst while he was under curfew. Lafleur is on trial on a charge of giving contradictory testimony during a bail hearing on various criminal charges for his son Mark in 2007. CBC NEWS ONLINE

Swollen Red River hits its crest early

FLOODING The Red River has hit its highest level in Winnipeg two days earlier than expected and should now begin to decline, government officials said on Thursday. The river rose one foot overnight to its crest of 22.5 feet. REUTERS

News in brief

GREENHOUSE GASES U.S. efforts to curb emissions of greenhouse gases mean Canada will have to put a price on carbon and set up a national cap-and-trade system, an official panel said Thursday. REUTERS

CFB Trenton, Ont. Slain soldier comes home

FRED THORNHILL/REUTERS

Family members approach the hearse carrying Trooper Karine Blais at Canadian Forces Base Trenton, Ont. Thursday. Trooper Blais was killed when her vehicle struck an improvised explosive device north of Kandahar City in Afghanistan on April 13.

More young people beating cancer: Stats

Next month will bring a triumphant milestone for Sommer Ellis. On May 5, it will be five years since the 24-year-old was diagnosed with Hodgkin lymphoma.

"It's been a long battle and it's so reassuring I've almost reached that mark," she said.

"I plan to have a big celebration with family and friends."

The Toronto woman is among an increasing number of young Canadians coping successfully with cancer.

The Canadian Cancer Society Thursday released statistics showing a five per cent increase in the five-year survival rate of patients between 15 and 29 years of age.

Despite the good news, the society says this is a "largely understudied population" of cancer sufferers when it comes to cancer and more research and supports are required to meet their needs.

Among those in this age range diagnosed with cancer between 2001 and 2004, 85 per cent are still alive today.

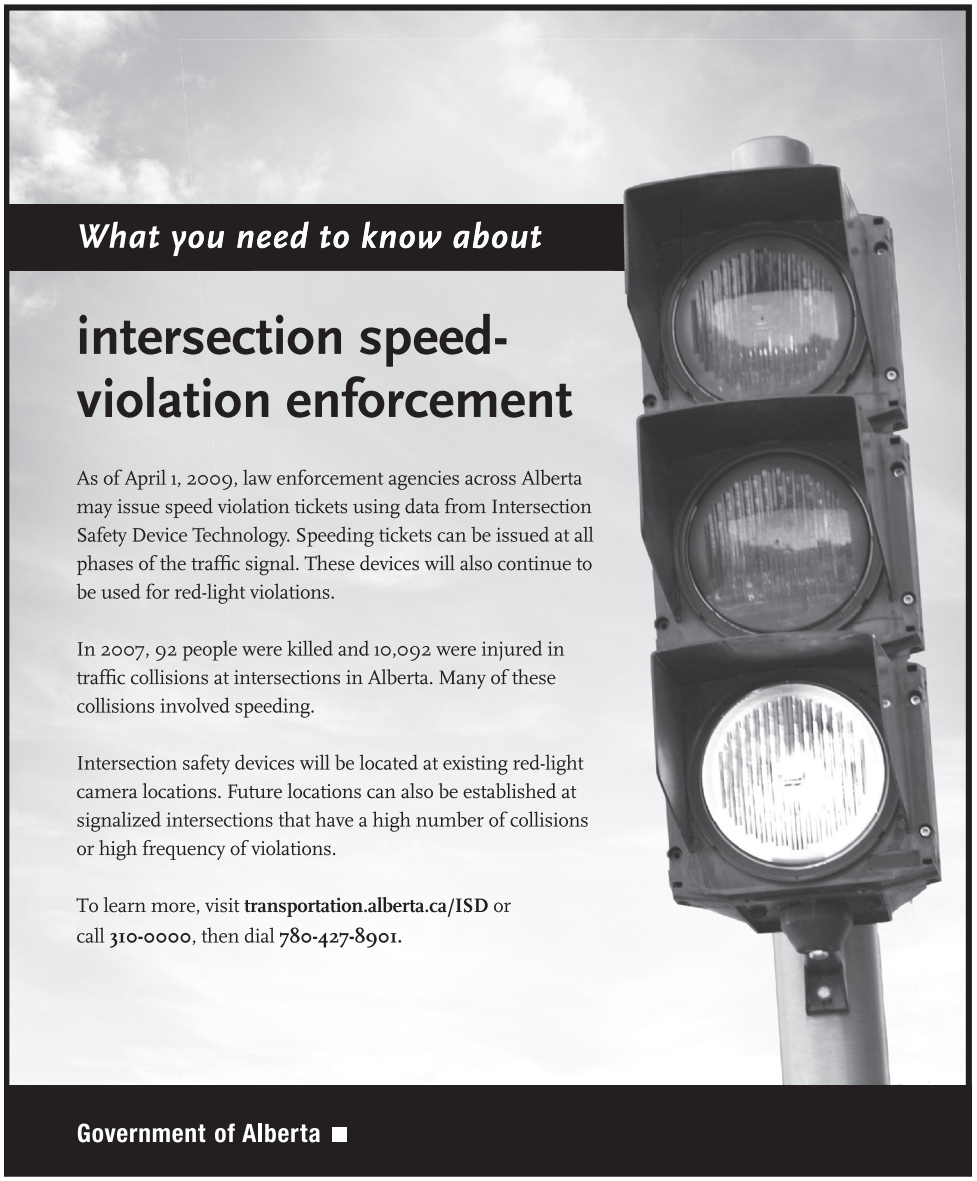
That's up from 80 per cent in that time frame for those diagnosed between 1992 to 1995.

The five-year survival rate is an indicator of a good prognosis beyond that point. The longer a person lives cancer free, the better the chances the disease won't return.

"It's definitely great news," said Ellis, who works in public relations at the University Health Network.

"We hope the rate continues to rise," she says.

TORSTAR NEWS SERVICE



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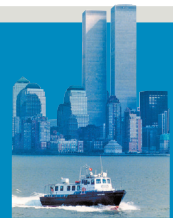
Former Indonesian president's libel suit win against Time reversed

Indonesia's Supreme Court has reversed a $93-million US libel ruling against Time magazine over a story about ex-president Suharto. A May 1999 cover story alleged that Suharto and his family had amassed a fortune of around $15 billion, including $9 billion transferred via Switzerland to an Austrian bank account. REUTERS

World



WTC rebuilding on hold

The owners of the former site of New York's World Trade Center towers, pictured left, have proposed indefinitely putting off two of three planned new office towers at the site until the real estate market recovers, officials familiar with the negotiations said. One analysis predicts that the last of the towers won't be finished until 2030. REUTERS

China **Pumping up the navy**

STRINGER/REUTERS

Paramilitary policemen take part in an anti-terrorism drill at a military base in Yinchuan, Ningxia Hui region Thursday. China will accelerate development of warships, stealth submarines and long-range missiles as the country makes a stronger navy a priority.

Obama backs Mexico's drug cartel crackdown

In his first trip to Latin America as U.S. president, Barack Obama pledged his support Thursday for the Mexican government's fight against ruthless drug cartels waging turf wars along the border.

Obama offered Mexican President Felipe Calderon a partnership in his efforts to combat the cartels. "Something that President Calderon and myself absolutely recognize is that you can't fight this war with just one hand," he said.

Obama will push the Senate to ratify a treaty to reduce the flow of arms and ammunition to drug cartels, a senior U.S. official said. The administration is tightening security at the border to prevent gun trafficking, and hopes to provide helicopters to boost Mexico's efforts. REUTERS

No charges for CIA

- CIA interrogators who used waterboarding on terrorism suspects will not face prosecution, President Barack Obama said Thursday, in releasing Bush-era memos specifying that the practice, and others including week-long sleep deprivation and forced nudity, did not constitute torture.

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News in brief

BOLIVIA Security forces said they thwarted an assassination plot against President Evo Morales Thursday, killing three people in a half-hour shootout. Two Hungarians and a Bolivian, who were believed to be part of a conspiracy to kill Morales, were killed in the gunfight at a hotel in the city of Santa Cruz.

SCIENCE A colony of iron-breathing microbes has survived for millions of years under an Antarctic glacier, thriving without air or sunlight, researchers reported Thursday.

PIRACY France plans to hand the 11 Somali pirates seized in a naval raid this week to Kenyan authorities, as Europe ramps up its mission to fight the wave of attacks on ships in the waters off East Africa. REUTERS

Artist's rendering

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Comment & Views

Comment

Losing my faith in Afghanistan clerics

Mona Eltahawy
Global View

When Taliban gunmen shot dead prominent women's rights activist Sitara Achakzai in Kandahar last Sunday, they had nothing to hide. It was broad daylight after all.

To further underline that bloody message of hatred for women, a Taliban spokesman claimed responsibility for the murder.

Clearly, misogyny has married impunity and the Taliban — ousted from power in 2001 — is, once more, terrorizing the women of its country.

Achakzai's assassination was but the latest in a series of murders targeted at women's rights activists. Under almost identical circumstances, Taliban gunmen in September killed the highest-ranking female police officer in Kandahar, Lt.-Col. Malalai Kakar.

Such murders are just the most visible signs of the violence meted out to the girls and women of Afghanistan. Just last month, the United Nations warned in its annual human rights report that Afghan women's rights were little better today than they were during the brutal reign of the ultra-conservative Taliban.

Girls as young as seven are targets of rape, while other females suffer "honour killings," early and forced marriages, sexual abuse and slavery, the UN report said.

Obviously, in the absence of rule of law everyone is vulnerable in Afghanistan. But girls and women are on the bottom of everyone's lists. President Hamid Karzai was forced to reconsider his signature on a law allowing marital rape after an international outcry earlier this month. Hardline clerics seem hell-bent on justifying the most heinous of acts in the name of Islam.

When the president is willing to sell women out and when those who claim to be the gatekeepers of God give sanction to such selling out, it is not difficult to understand why the Taliban's hate for women gets a free ride.

We hear a lot about the need to talk to the Taliban to end fighting in Afghanistan. Such a conversation must not happen at the expense of Afghan girls and women.

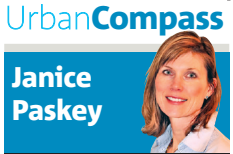
I am a Muslim woman who is fed up of those leaders and clerics who claim to speak in the name of my religion and yet who ignore its message of justice and equality. They are just as much to blame as the gunmen who shot Achakzai and Kakar.

Mona Eltahawy is an award-winning Egyptian-born commentator and public speaker on Arab and Muslim issues. She reported on the Middle East for 10 years before moving to the U.S.

Views

Sundial liquor store will cast a dark shadow

UrbanCompass



Janice Paskey
metronews.ca/paskey

So you can't afford housing in Calgary. Are you drinking any more than the rest of us?

The issue of a ground floor liquor store has the Calgary Drop-In Centre folks a little irked.

In April, the Drop-In Centre announced the impossible. In the midst of a recession, it managed to buy an $18.5-million apartment building — centrally located in the Beltline area. It's known as the Sundial Building. Drop-In cobbled together $7 million from the Alberta government, money from selling a building to another charity, and convinced TD Bank to transfer an existing mortgage from the previous owners.

This means there will be subsidized housing in 81 one-bedroom, and 38 two-bedroom apartments billed out at 30 per cent of a resident's income. Current tenants and the building manager are invited to stay for now.

One tenant is a ground floor liquor store, and the area alderman has expressed concerns.

"The assumption that every single homeless person is an alcoholic — it's distressing that we create this barrier," says Drop-In spokesperson Louise Gallagher.

Drinking is hardly the social custom of the poor. There's alcoholism, and heavy drinking at all levels of society. Consider that drunk driving is still the leading cause of safety concern for Canadians. Meanwhile, drunk pedestrians are the most likely to be hit and killed.

Alcohol is a trigger for mental illness as it assaults brain chemistry. And now, as a physician friend told me at a party where I was about to sip a nice Malbec — alcohol is deemed a carcinogen, especially for women. Beyond the first 10-minute buzz, little good comes from alcohol.

Sundial is fortunate enough to have a social mission. Those battling addiction, or even those inclined to drink, need to be able to enter the building's doors without temptation.

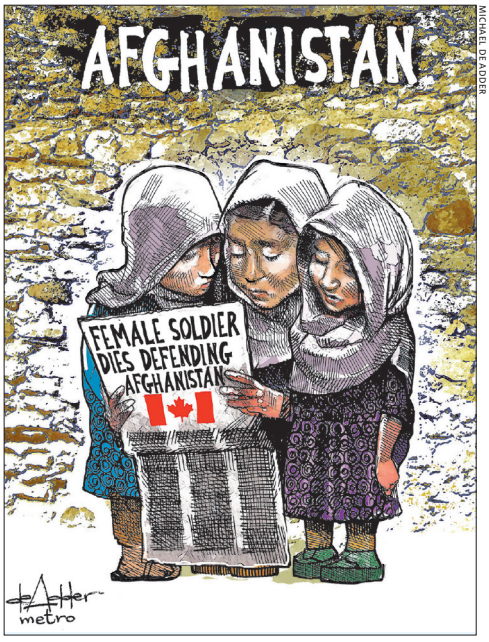
It's not time for political correctness to show that these tenants are like any other, and prove it by keeping a liquor store. By the way, upper class apartment buildings don't have liquor stores on the ground floor.

Sundial needs to be a celebration. A symbol of what's best in compassion, caring and right to a home.

The liquor store is a tenant that simply must go.

The sooner, the better.

Janice Paskey teaches journalism at Mount Royal College, serves on her community association board and is a proud mom to two boys; calgaryletters@metronews.ca.



MICHAEL DE ADDER

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Rogers accuses broadcasters of fear-mongering 9

Rogers Communications Inc. has accused conventional broadcasters of fear-mongering with plans to shutter or sell local stations in the battle over TV carriage fees. TORSTAR NEWS SERVICE

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

More housing in reach

But jobs market, income may slow sales: RBC

Thanks largely to record-low interest rates, Canadian housing has become more affordable, though slowing income growth and a weak jobs market will act as a restraint, says a Royal Bank report.

The rise in housing affordability has reversed a four-year trend from 2004 to late 2007 that saw houses priced out of the reach of many first-time buyers, RBC says.

Lower mortgage rates means the RBC index fell to 51.3 in the fourth quarter of 2008 from 53.1 in the previous quarter.

The higher the index measure, the more difficult it is to afford a house. A rating of 51.3 means it takes 51.3 per cent of pre-tax household income to afford a home.

Affordability will likely have improved in the first quarter of 2009 because interest rates and prices have fallen further. But a tough jobs market and slow income growth are strong mitigating factors.

More than 60,000 jobs were lost in March, bumping the national unemployment rate to eight per cent.

TORSTAR NEWS SERVICE

Hope for spring

- Affordability has been a big plus for the spring resale market. The Canadian Real Estate Board reported Thursday existing home sales in March were down 13.7 per cent from a year earlier, but the decline has slowed significantly.

Bankruptcies rise by 22%

NUMBERS Insolvencies nationwide took another big jump in February, according to figures released Thursday from the Office of the Superintendent of Bankruptcy Canada.

There were 9,495 personal and business bankruptcies across the country in February, up 13.1 per cent from the prior month, and a jump of 22.1 per cent from February 2008.

The vast majority — 9,020 of them — are consumer bankruptcies.

"With the state of the economy and so many people maxed out, they're right at their limit," said Sandra Sherk, executive director of the Credit Counselling Service of Durham Region.

The insolvency figures also show across the country the number of bankruptcy proposals is up sharply.

Proposals rose 18.5 per cent to 2,825 in February from the month before. Compared to February, 2008, the increase is a staggering 37.5 per cent.

TORSTAR NEWS SERVICE

In brief

PROTECTION AbitibiBowater Inc. filed for bankruptcy protection in the United States Thursday, as it failed to secure support for its proposed restructuring plan.

PANEL U.S. House Speaker Nancy Pelosi wants to create a special panel to investigate the causes of the Wall Street meltdown, a spokesman said Thursday. REUTERS

Chile **Pressure on protesters**

IVAN ALVARADO/REUTERS

Police use a water cannon to disperse protesters during a demonstration in downtown Santiago, Chile, Thursday. Police fired water at workers, teachers, students and public-sector employees as they took part in a one-day protest against unemployment and the economic crisis in the country.

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Obama announces plan for 'overdue' high-speed rail

U.S. President Barack Obama outlined his plan for developing "long overdue" high-speed rail on Thursday that would rival air travel, create jobs and help curb the U.S. transportation system's appetite for oil. Obama envisions a network of short and longer-haul corridors plied by trains travelling up to 150 miles per hour. REUTERS

Business in brief

STOCK DEBUT Rosetta Stone Inc., which provides language instruction products, saw its shares rise 42 per cent in their trading debut Thursday, following the company's initial public offering, putting it on pace for the strongest start of a new stock in a year.

FORECAST The current global recession is likely to be unusually long and severe and the recovery sluggish because it may be held back by weak demand, the International Monetary Fund said on Thursday. REUTERS

Green power to challenge U.S. grid, watchdog says

ENERGY The push to add more renewable wind and solar megawatts to the U.S. electric mix will force changes in the way the power grid operates to keep electricity flowing reliably, said an industry watchdog Thursday.

Climate-change concerns have led more than half of U.S. states to mandate that a percentage of future electric supply come from less-polluting resources, such as wind and solar power that emit no greenhouse gas.

However, a report from the North American Electric Reliability Corp. issued Thursday points out that many types of renewable power are much different from power plants that burn coal or natural gas, plants that can be turned off and on as needed to meet power demand.

"(Renewable power) has the potential to fundamentally change how the system is planned, operated and used."
Rick Sergel, NERC

That lack of control, or variability, creates thorny integration issues for operators of the bulk-power network — the large power lines that move electricity from plants to neighbourhoods, NERC said.

The push for more renewable power, "has the potential to fundamentally change how the system is planned, operated and used — from the grid operator right down to the customer," said Rick Sergel, NERC president. REUTERS

Verizon plans web app market for Hub

TECH The Verizon Hub, a new home phone with some web add-ons like weather and traffic reports, will soon come with an applications market, following a trend among cellphone makers such as Apple Inc.

Verizon Communications has been selling the Hub to its wireless customers since Feb. 1 as it looks for new ways to keep growing while U.S. consumers rapidly disconnect their traditional home phones to save money in the weak economy.

John Gravel, a Verizon product manager sees the applications market attracting new types of customers with an array of software suited to their own interests, such as Internet radio. REUTERS

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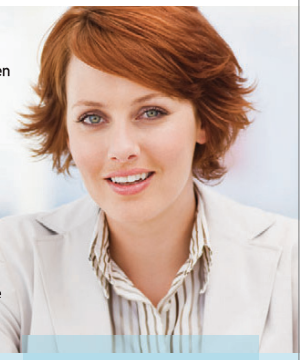

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Risebrough out in Minnesota
Minnesota Wild majority owner Craig Leipold announced Thursday that the team will not renew the contract of president and general manager Doug Risebrough. METRO NEWS SERVICES

Sports

Hardware for Sonne

Hitmen forward Brett Sonne was named WHL Eastern Conference player of the year Thursday. Sonne set career-bests with 48 goals and 52 assists this season. Sonne and the Hitmen begin their Eastern Conference Final series against Brandon on Friday night at the Pengrowth Saddledome. METRO NEWS SERVICES

EDITOR: JOHN.CHICK@METRONEWS.CA

Heartbreaker in OT

STANLEY CUP
2009 **Playoffs**
(HAWKS LEAD SERIES 1-0)
Flames 2 **Blackhawks** 3 (OT)

VS

LAURENCE HEINEN
for Metro Calgary

THE SKINNY: Martin Havlat scored his second goal of the game just 12 seconds into overtime to give the Blackhawks a come-from-behind victory in Game 1 of their opening round series against the Flames.

THE BIG PLAY: David Bolland picked off an errant pass by Jordan Leopold and then dropped a pass to Havlat, who wristed a shot past Miikka Kiprusoff to ignite the sell-out crowd of 22,478 fans at the United Center.

THE QUOTE: "That guy made a good play by knocking down the puck there," Leopold told the Fan 960 after the game. "We can't get down on ourselves. We can learn from our mistakes and go forward to Game 2.".

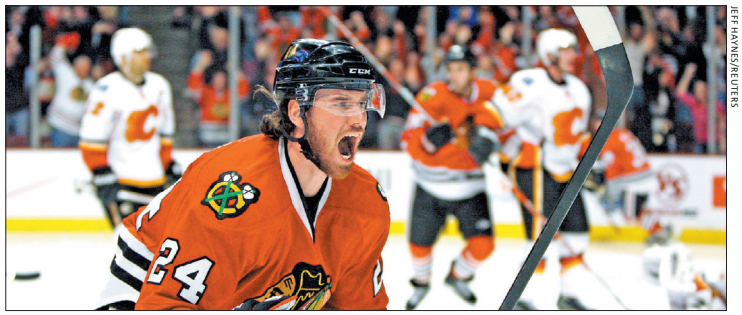
THE SEE-SAW BATTLE: The Flames jumped out to a 1-0 lead in the first period on a goal by David Moss and then took a 2-1 advantage on Cammalleri's first-ever playoff goal in the second period. Havlat then sent the game to overtime with a late third-period goal. Cam Barker had a goal and an assist for the Hawks.

Other scores

- Boston 4, Montreal 2
- Detroit 4, Columbus 1

THE HIT PARADE: Chicago's Dustin Byfuglien led all players with seven hits, while Adam Burish had six for the Blackhawks, who outhit the Flames by a 38-24 margin. Dion Phaneuf led the Flames with four hits, while forward Rene Bourque returned to the lineup and recorded two hits including a thunderous check into the boards on Patrick Kane, who was visibly shaken up on the play

THE NEXT GAME: Game 2 goes Saturday night (7 p.m., TSN, Fan 960) at the United Center.



JEFF HAYNES/REUTERS

Chicago Blackhawk Martin Havlat celebrates after he scored 12 seconds into the overtime period of Game 1 of their Western conference quarterfinal game against the Calgary Flames Thursday.

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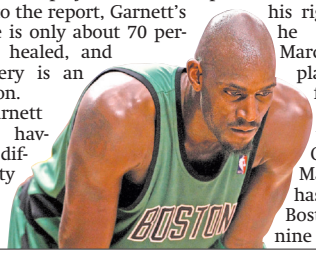
Madden calls it quits

NFL broadcaster, video game kingpin and former coach John Madden retired Thursday after three decades in the booth. METRO NEWS SERVICES

KG out for playoffs?

Boston Celtics head coach Doc Rivers has said star forward Kevin Garnett might not be available for the entire playoffs.

The Boston Globe is reporting that Garnett will definitely be out for the first round series against Chicago and most likely for the entire playoffs. According to the report, Garnett's knee is only about 70 percent healed, and surgery is an option.



Garnett was having difficulty running in Wednesday morning's practice due to his injured right knee. Rivers said that Garnett will continue to get treatment and if it goes well he might be able to return to play later in the playoffs.

The All-Star had missed a month of action due to a posterior muscle strain of his right knee, but he returned on March 20 and played the next four games. However, after playing at Orlando on March 25, he has sat out Boston's final nine games of the season. Garnett averaged 15.8 points and a team-best 8.5 rebounds in 57 games this season for the defending NBA champions. Boston begins the defence of its championship on Saturday for Game 1 of the Eastern Conference quarterfinals in Boston against the Bulls. Still with the Celtics, GM Danny Ainge was hospitalized Thursday after a mild heart attack.

METRO NEWS SERVICES

NBA Playoffs

Eastern Conference
- Cleveland (1) vs. Detroit (8), Game 1 Saturday
- Boston (2) vs. Chicago (7), Game 1 Saturday
- Orlando (3) vs. Philadelphia (6), Game 1 Saturday
- Atlanta (4) vs. Miami (5), Game 1 Sunday

Western Conference
- L.A. Lakers (1) vs. Utah (8), Game 1 Sunday
- Denver (2) vs. New Orleans (7), Game 1 Sunday
- San Antonio (3) vs. Dallas (6), Game 1 Saturday
- Portland (4) vs. Houston (5), Game 1 Saturday

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Visit metronews.ca/movies to get showtimes, watch trailers and read reviews.

Movies&Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

Movies

Moral state

Pg 14

Rachel McAdams stars in the journalism-based drama State of Play as an eager cub reporter. She stars alongside Russell Crowe, who plays a veteran journalist who takes McAdams' character under his wing as they uncover a political conspiracy.

movies Pg 16

Zac Efron takes on high school again in 17 Again

music Pg 19

k-os gets back to his roots with new album Yes!

television Pg 21

Comic Carla Collins stars in new Carlawood TV series.

Movies at a glance
17 Again ●●●; State of Play ●●●½

Movies

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

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Play's got suspense

State of **Play**

Director: Kevin MacDonald
Stars: Russell Crowe, Ben Affleck
Classification: PG
Rating: ●●●½

STEVE GOW
for Metro Canada

If you want to make a suspenseful journalism-based drama wrapped in plenty of political intrigue, an obvious place to start is with clever writing. That is just what director Kevin Macdonald did with his new thriller State of Play.

In his fictional follow-up to The Last King of Scotland, Macdonald perfectly casts Russell Crowe as Cal McAffrey, a shaggy, junk food-devouring journalist who slowly connects the dots to a series of seemingly unrelated events — including the mysterious death of the mistress of a former-college roommate/now-star congressman (Ben Affleck).

Russell Crowe, Rachel McAdams and Helen Mirren, left, star in State of Play.

Taking an eager cub reporter (Rachel McAdams) under his wing, McAffrey slowly uncovers a conspiracy that begins with a pair of senseless junkie-thieves but ends up involving a huge Blackwater-like corporation dealing in wartime defence contracts.

Yes, there's much in the middle but who am I to spoil the plot for you?

Following in the footsteps of fact-based dramas like All the President's Men, Play is full of labyrinthine complications that have great potential to lose audiences.

Instead, Macdonald keeps the pace quick and the characters broad enough to make the thriller accessibly appealing. It doesn't hurt that he also hired a terrific supporting cast that notably includes Jason Bateman as a priggish pansexual publicist.

However the real key to this film's success was nabbing such acclaimed scribes as Tony Gilroy (Duplicity) and Billy Ray (Breach) to compact the successful BBC six-hour mini-series into a gripping two-hour popcorn flick. Trust me, that job couldn't have been easy to do.

On the web

- For a State of Play trailer and local screening times, visit metronews.ca/movies

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IN THEATRES EARTH DAY APRIL 22

More New Moon details emerge

More details of the New Moon cast have been announced, with Graham Greene, Jamie Campbell Bower, Canadian supermodel Noot Sear, Daniel Cudmore, and Into the West's Tinsel Korey also added to the film. EONLINE.COM

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Movies

A CLASSIC; EXCELLENT; GOOD; FAIR; POOR

Efron comes of age

17 Again

Director: Burr Steers
Stars: Zac Efron, Matthew Perry
Classification: PG
Rating:

NED EHRBAR
Metro World News

Zac Efron, left, undertakes his first major role outside of the High School Musical franchise in 17 Again.

In his first major starring role outside the High School Musical franchise, Zac Efron is looking to prove that he's more than just a pretty face, that he can carry a movie.

And he very well might be able to, if the movie in question didn't spend so much time trying to make that point. There's a certain "Hey look, he's doing it!" aspect to 17 Again that can get in the way of the movie itself.

Taking a page more from It's a Wonderful Life than Vice Versa, 17 Again follows Mike O'Donnell (played as an adult by Matthew Perry), who tossed away a chance at college basketball glory to be with his knocked-up high school girlfriend. To Mike, it's been downhill since then, and he'd give anything to do it all over again.

That's when, through a bit of hocus pocus, Mike is transformed back to his 17-year-old self (Efron), only it's still present day, so suddenly he's going to high school with his teen kids.

To add a boost of comic support, Efron has as a sidekick Thomas Lennon, from MTV's cult classic The State and more recently Reno 911. As Mike's nerdy and now-rich lifelong friend, Lennon displays his usual knack for mixing sweet and creepy to hilarious effect. And his courtship of the school's principal (Melora Hardin of The Office) steals some of the movie's biggest laughs.

It's an enjoyable comedy, with a cute and touching story to tell, but it tends to stumble over the effort put into trying to sell us on Zac Efron, Leading Man. From the looks of it, Efron doesn't need the help, anyway.

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Green Lantern going down under
Martin Campbell's superhero flick, based on the DC comic about an ordinary man who is transformed into a hero when he wields an all-powerful ring, will shoot at Fox Studios Australia beginning in July. EMPIREONLINE.COM

Movies

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Starring Mother Earth

PHIL BROWN
for Metro Canada

The BBC series Planet Earth is one of the most remarkable pieces of documentary filmmaking ever produced. Working with groundbreaking high definition cameras and a massive worldwide crew, the series captured remarkable images of nature that have been thrilling audiences since it premiered in 2006.

Earth — opening Wednesday — is directed by Alastair Fothergill and Mark Linfield, the same filmmakers who helmed the much acclaimed BBC documentary series Planet Earth.

The breathtaking images worked fine on TV, but occasionally the show felt so large in scale that it demanded a larger canvas. Fortunately, Planet Earth co-directors Alastair Fothergill and Mark Linfield felt the same way and simultaneously shot a feature film entitled Earth for Disney, while they were filming the series for the BBC.

"The two projects were commissioned simultaneously, so we literally began both at exactly the same time," says co-director Alastair Fothergill. "To make a movie on the scale of Earth with all the locations and all the difficult behaviour, the budget would have been astronomical.

"So by working the two budgets in parallel, both projects benefited a great deal. We think that they're wonderful companion pieces partly because the big screen and the surround sound offers an experience so much richer than what you'd get on even a high definition television."

EARTH DAY: APRIL 22
Go Green

Linfield also felt that there were benefits to gearing Earth towards the big screen that just couldn't be achieved in the BBC series.

"The great thing about a movie is that you've got 85 minutes of people's uninterrupted attention and that allows you to design a very different storyline. We crafted a storyline for the film with three main characters (polar bears, elephants, and humpback whales), whereas the television series was habitat based.

The scale of the project was gigantic — over three years and 2,000 days of filming — but the message is surprisingly intimate, highlighting the natural beauty and tight-knit relationships that connect all species on the planet.

As Linfield puts it, "Amongst all the bad news we really hope that people will feel that Earth is a celebration of our planet and visual evidence of the fact that there's still plenty left to fight for."

Maiden doc rocks out

CHRIS ALEXANDER
for Metro Canada

FEATURE When you stick the word heavy beside the word metal, two words immediately follow by association: Iron and Maiden.

The veteran British rock band has long both ruled and defined heavy metal music for almost three decades, belting out dark, punishing bombast with operatic flair.

And, as the new SXSW award winning concert film/documentary Iron Maiden: Flight 666 — screening across Canada and the world next Tuesday — proves, the band's global popularity is stronger today than it's ever been.

The movie is written and directed by Toronto-based metalheads Sam Dunn and Scot McFadyen (the same longhaired pair who previously spat out the cult favorite documentaries Metal: A Headbangers Journey and Global Metal) and follows the events surrounding the band's massive (and massively ambitious) 2008 Somewhere Back in Time world tour.

Devised by vocalist Bruce Dickinson as a way to replicate the look and sound of Iron Maiden's legendary shows of the 1980s, the band climbed into a private Boeing 757 jet dubbed "Ed Force One" (after their omnipresent rotting zombie mascot, whose name is Eddie) and, with Dickinson himself serving as pilot, played 23 concerts in five continents over the span of just 45 days.

With the band granting the filmmakers all access to their world both behind and in front of the scenes, Flight 666 functions as a fascinating — and often, quite funny — document of these aging but still agile monsters of rock in action.

And for those younger Maiden fans who've never had the chance to experience the thundering assault of their live show, Flight 666 makes you feel like you're actually there.

Screen Times

This week's new releases are highlighted in pink.

THESE PAGES COVER MOVIE START TIMES FROM FRI., APRIL 17 TO THURS., APRIL 23. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

CANYON MEADOWS
Bay 110 13226 Macleod Trail, 403-670-5444

Listings not available at press time.

CROWFOOT CROSSING
91 Crowfoot Terrace, 403-547-3316

17 Again (PG) Fri-Tue 12:15-1-2:45-3:40-5:15-6:30-7:45-9:30-10:15 Wed 12:15-2:50-3:40-5:15-6:30-7:45-9:30-10:15 Thu 12:15-1-2:50-3:40-5:15-6:30-7:45-9:30-10:15 Star & Strollers Screening Wed 1

Adventureland (14A) Fri-Thu 12:20-3:50-7

Crank: High Voltage (18A) Fri-Thu 1:10-4:40-7:50-10:30

Dragonball: Evolution (PG) Fri-Wed 12:10-2:40-4:50-7:10-9:40 Thu 12:10-2:40-4:50-7:10

Duplicity (PG) Fri-Tue 6:40-9:50

Earth (PG) Wed-Thu 12:30-2:45-5-7:30-10

Fast & Furious (14A) Fri-Tue 1:20-4-7:15-10 Wed-Thu 1:20-4-7:15-9:50

Hannah Montana: The Movie (G) Fri-Tue 12:30-3:30-6:50-9:45 Wed-Thu 12:25-3:30-6:50-9:45

The Haunting in Connecticut (14A) Fri-Thu 10:25

I Love You, Man (14A) Fri 1:10-4:10-7:40-10:10 Sat 4:10-7:40-10:10 Sun-Wed 1:10-4:10-7:40-10:10 Thu 1:10-4:10-10:10

The Metropolitan Opera: Madama Butterfly Encore (STC) Sat 11

Monsters vs. Aliens (G) Fri-Tue 12:50-3:15

Monsters vs. Aliens 3D (G) Fri-Tue 12-2:30-5-7:30-9:55 Wed-Thu 12-2:30-5:10-7:25-9:55

Observe and Report (18A) Fri-Thu 1:30-4:30-7:40-10:05

State of Play (14A) No Passes Fri-Tue 12:40-4:20-7:20-10:20 No Passes Wed 4:20-7:20-10:20 No Passes Thu 12:40-4:20-7:20-10:20 Star & Strollers Screening, No Passes Wed 1

EAU CLAIRE MARKET
200 Barlay Parade, 403-263-3166

Crank: High Voltage (18A) Fri 7:10-10:10 Sat-Sun 12:40-3:40-7:10-10:10 Mon-Thu 7:10-10:10

Duplicity (PG) Fri 6:30-9:30 Sat 3-6:30-9:30 Sun 12-3-6:30-9:30 Mon-Thu 6:30-9:30

Fast & Furious (14A) Fri 6:55-9:50 Sat-Sun 12:30-3:25-6:55-9:50 Mon-Thu 6:55-9:50

The Metropolitan Opera: Madama Butterfly Encore (STC) Sat 11

Observe and Report (18A) Fri 7:35-10 Sat-Sun 12:20-3:55-7:35-10 Mon-Thu 7:35-10

State of Play (14A) No Passes Fri 6:40-9:40 No Passes Sat-Sun 12:10-3:10-6:40-9:40 No Passes Mon-Thu 6:40-9:40

Sunshine Cleaning (14A) Fri 7:25-10:15 Sat-Sun 12:45-4:05-7:25-10:15 Mon-Thu 7:25-10:15

EMPIRE STUDIO 16 COUNTRY HILLS
388 Country Hills Blvd., 403-686-8491

17 Again (PG) No Passes, SR Dolby Digital, Stadium Seating Fri-Thu 12:35-1:05-3:10-3:45-7:05-7:35-9:40-10:10

Adventureland (14A) Stadium Seating, SR Dolby Digital Fri-Thu 1:10-4:10-7:20-10

Crank: High Voltage (18A) SR Dolby Digital, Stadium Seating Fri-Thu 12:55-3:50-7:40-10:05

Dragonball: Evolution (PG) SR Dolby Digital, Stadium Seating Fri-Thu 12:10-2:50-7:15-9:50

Duplicity (PG) SR Dolby Digital, Stadium Seating Fri-Thu 12:25-3:35-6:35

Earth (PG) No Passes, SR Dolby Digital, Stadium Seating Wed-Thu 12:25-2:45-7:10-9:30

Fast & Furious (14A) SR Dolby Digital, Stadium Seating Fri-Thu 12:15-3-7-9:35 SR Dolby Digital, Stadium Seating Fri-Thu 7:30-10:05

Forever Strong (PG) SR Dolby Digital, Stadium Seating Fri-Thu 12:40-3:40-6:40-9:30

Hannah Montana: The Movie (G) No Passes, Stadium Seating, SR Dolby Digital Fri-Tue 12:30-1-2:55-3:25-7-7:30-9:25-9:55 Stadium Seating, SR Dolby Digital Wed-Thu 12:30-1-2:55-3:25-7-7:30-9:25-9:55

The Haunting in Connecticut (14A) SR Dolby Digital, Stadium Seating Fri-Thu 9:35

I Love You, Man (14A) SR Dolby Digital, Stadium Seating Fri-Tue 1:25-4:15-6:45-9:25 Stadium Seating, SR Dolby Digital Wed-Thu 1:25-4:15-6:45-9:25

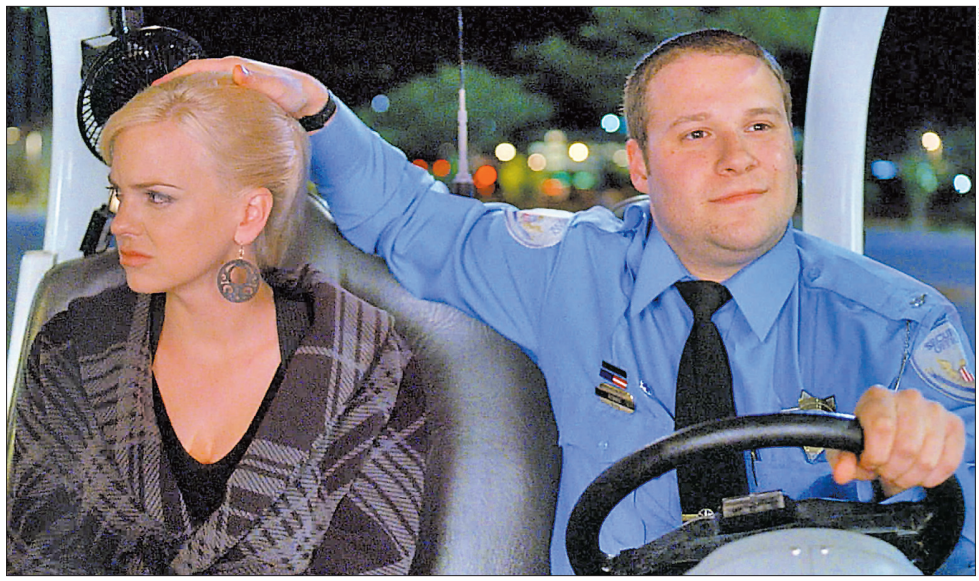
Knowing (14A) SR Dolby Digital, Stadium Seating Fri-Thu 12:20-3:15-6:40-9:35

Monsters vs. Aliens (G) SR Dolby Digital, Stadium Seating Fri-Thu 1:15-3:40

Monsters vs. Aliens 3D (G) SR Dolby Digital, Stadium Seating Fri-Thu 12:45-3:05-7:25-9:45

Observe and Report (18A) SR Dolby Digital, Stadium Seating Fri-Thu 1:35-4:20-7:10-9:30

State of Play (14A) SR Dolby Digital, Stadium Seating Fri-Thu 12:05-3:30-6:55-9:55



WARNER BROS.

Anna Faris and Seth Rogen star in Observe and Report, which is currently in theatres.

EMPIRE STUDIO 10 MACLEOD TRAIL
100-16061 MacLeod Trail, 403-974-0470

Crank: High Voltage (18A) SR Dolby Digital, Stadium Seating Fri-Tue 2-4:45-7:30-10:15

Dragonball: Evolution (PG) DTS Digital, SR Dolby Digital, Stadium Seating Fri-Tue 12:15-3:10-6:30

Earth (PG) Digital Presentation, Stadium Seating Wed-Thu 11:45-2:15-4:45-7:10-9:30

Fast & Furious (14A) DTS Digital, SR Dolby Digital, Stadium Seating Fri-Tue 12:30-3:30-6:50-7:20-9:40-10:10

Hannah Montana: The Movie (G) SR Dolby Digital, Stadium Seating Fri-Tue 1-4-7-9:30

I Love You, Man (14A) SR Dolby Digital, Stadium Seating Fri-Tue 1:40-4:20-7:10-9:50

Knowing (14A) DTS Digital, SR Dolby Digital, Stadium Seating Fri-Tue 9:20

Monsters vs. Aliens (G) DTS Digital, SR Dolby Digital, Stadium Seating Fri-Tue 12:45-3:45

Monsters vs. Aliens 3D (G) SR Dolby Digital Fri-Tue 1:15-4:15-6:45-9:10

Observe and Report (18A) DTS Digital, SR Dolby Digital, Stadium Seating Fri-Tue 1:50-4:10-7:40-10

State of Play (14A) SR Dolby Digital, Stadium Seating Fri-Tue 12-3:20-6:40-9:45

GLOBE CINEMA
617-8 Avenue, 403-262-3308

I Love You, Man (14A) Fri-Thu 9:15

The Magic Flute (STC) Fri 6:50-9:20 Sat-Sun 12:50-3:20-6:50-9:20 Mon-Thu 6:50-9:20

One Week (STC) Fri 7 Sat-Sun 1-3:15-7 Tue-Thu 7

MOVIEDOME
1039 999 36 St., 403-248-2000

Confessions of a Shopaholic (PG) Fri-Thu 1-3:55-6:55-9:55

Coraline (PG) Fri-Thu 12:55-3:50-7

Gran Torino (14A) Fri-Thu 12:45-3:35-6:45-9:40

Hotel for Dogs (G) Fri-Thu 12:55-3:45-6:40

The International (14A) Fri-Thu 9:45

The Last House on the Left (18A) Fri-Thu 7:10

Miss March (18A) Fri-Thu 1:15-4:10-7:10-10:15

Paul Blart: Mall Cop (PG) Fri-Thu 1:05-4-7:05-10:10

The Pink Panther 2 (PG) Fri-Thu 1-4:05

Push (14A) Fri-Thu 12:50-3:40-6:50-9:50

Slumdog Millionaire (14A) Fri-Thu 12:45-3:35-6:45-9:35

Underworld: Rise of the Lycans (18A) Fri-Thu 10:05

SCOTIABANK CHINOOK
6455 MacLeod Trail, 403-212-8994

17 Again (PG) Fri-Wed 1-4:05-7:05-9:45 Thu 4:05-7:05-9:45 Fri-Mon 12:05-2:35-5:10-7:45-10:15 Wed-Thu 12:05-2:35-5:10-7:45-10:15 Star & Strollers Screening Thu 1

Adventureland (14A) Fri-Sun 1:10-4:20-7:15-10:10 Mon 1:10-4:20-10:10 Tue-Thu 1:10-4:20-7:15-10:10

Crank: High Voltage (18A) Fri-Thu 12:10-2:35-5:15-7:50-10:35

Dragonball: Evolution (PG) Fri-Thu 1:05-4:10-6:45-9:30

Duplicity (PG) Fri-Thu 12:55-3:50-7:05-10:05

Earth (PG) Wed-Thu 12-2:20-4:40-7:10-9:40

Fast & Furious (14A) Fri 12-1-3:30-4-7-7:30-9:45-10:20 Sat 1-3:30-4-7-7:30-9:45-10:20 Sun-Tue 12-1-3:30-4-7-7:30-9:45-10:20 Wed-Thu 12-3:30-7-9:45

Hannah Montana: The Movie (G) Fri-Mon 11:50-2:15-4:50-7:25-10:05 Tue 11:50-2:15-4:50-7:20-10:05 Wed-Thu 11:50-2:15-4:50-7:25-10:05

The Haunting in Connecticut (14A) Fri-Thu 1:20-4-7:15-10:25

I Love You, Man (14A) Fri-Tue 1-4:05-7:10-10:20 Wed 1-4:05-10:20 Thu 1-4:05-7:10-10:20

Iron Maiden: Flight 666 (STC) Tue 7

Knowing (14A) Fri-Wed 1:15-4:15-7:20-10:15 Thu 1:15-4:15

The Metropolitan Opera: Madama Butterfly Encore (STC) Sat 11

Monsters vs. Aliens (G) Fri-Thu 12:15-2:30-5

Monsters vs. Aliens 3D (G) Fri-Mon 12:45-3-5:30-8-10:30 Tue 12:45-3:40-10:30 Wed-Thu 12:45-3-5:30-8-10:30

Monsters vs. Aliens: An IMAX 3D Experience (G) Fri-Thu 11:45-2-4:30-7-9:25

Observe and Report (18A) Fri-Thu 1:15-4:15-7:25-10:30

State of Play (14A) No Passes Fri-Wed 12:50-3:50-7:10-10:10 No Passes Thu 3:50-7:10-10:10 Star & Strollers Screening, No Passes Thu 1

Watchmen (18A) Fri-Wed 7:30

PLAZA THEATRE
1133 Kensington Rd., 403-283-3636

The 4/20 Film Festival (STC) Mon 6:45

All You Need is Love (STC) Wed-Thu 5

Best of Vancouver Mountain Film Festival - Part 1 (STC) Wed 6:30

Calgary Underground Film Festival (STC) Fri 7-9-11:30 Sat 2-4-7-9:30-11:30 Sun 1-4-7-9:30

Examined Life (STC) Fri 4:45 Sat 12 Mon 9:30 Tue 5-7 Wed-Thu 9:30

Pee-wee's Big Adventure (STC) Tue 9

Wild Child (STC) Thu 7

SUNRIDGE SPECTRUM
2555 32nd Street, 403-717-1200

17 Again (PG) Fri-Tue 12:05-1-2:35-3:45-5:05-6:40-7:40-9:15-10:15 Wed 12:05-2:35-3:45-5:05-6:40-7:40-9:15-10:15 Thu 12:05-1-2:35-3:45-5:05-6:40-7:40-9:15-10:15 Star & Strollers Screening Wed 1

Crank: High Voltage (18A) Fri-Thu 12:50-3:30-6:50-9:20

Dragonball: Evolution (PG) Fri-Thu 12:20-2:40-7:05-9:25

Earth (PG) Wed-Thu 12-2:25-4:45-7:15-9:50

Fast & Furious (14A) Fri-Tue 12:35-3:35-6:45-7:15-9:40-10:10 Wed-Thu 12:35-3:10-6:45-9:40

Hannah Montana: The Movie (G) Fri-Thu 11:45-2:20-5-7:35-10:20

The Haunting in Connecticut (14A) Fri-Thu 12:15-2:55-6:55-9:35

I Love You, Man (14A) Fri-Thu 12:30-3:40-7:10-9:55

Knowing (14A) Fri-Thu 12:25-3:15-6:30-9:30

Monsters vs. Aliens (G) Fri-Tue 12:55-3:25

Monsters vs. Aliens 3D (G) Fri-Thu 11:55-2:25-4:55-7:20-9:45

Observe and Report (18A) Fri-Thu 12:10-2:30-6:35-9:10

State of Play (14A) No Passes Fri-Tue 12:55-3:55-7:10:05 No Passes Wed 3:55-7-10:05 No Passes Thu 12:55-3:55-7-10:05 Star & Strollers, No Passes Wed 1

Tera Mera Ki Rishta (Punjabi w/e.s.t.) (PG) Fri-Thu 12-4-7:45

THE UPTOWN
612 8th Ave., 403-265-0120

Adventureland (14A) Fri-Thu 5-9:20

Gomorrah (14A) Fri 6:40-9:10 Sat-Sun 1:45-6:40-9:10 Mon-Thu 6:40-9:10

The Green Chain (STC) Tue 7 Wed-Thu 4:50

It's Not Me, I Swear! (14A) Fri 7:10 Sat-Sun 2-7:10 Mon 7:10 Wed-Thu 7:10

Pontypool (14A) Fri-Tue 9:30

WESTHILLS 10
165 Stewart Green, 403-246-5291

17 Again (PG) Fri-Sun 12:35-3:10-7-9:30 Mon-Thu 6-8:35

Crank: High Voltage (18A) Fri-Sun 1:40-4:25-7:35-10 Mon-Thu 5:30-8:10

Duplicity (PG) Fri-Sun 12:40-3:35-7:25-10:15 Mon-Thu 6:15-9

Fast & Furious (14A) Fri-Sun 12:50-3:30-7:50-10:20 Mon-Thu 6:10-8:45

Hannah Montana: The Movie (G) Fri-Sun 1:30-4:15-7:05-9:40 Mon-Thu 5:20-7:50

I Love You, Man (14A) Fri-Sun 1:20-4:10-7:15-9:50 Mon-Wed 5:30-8:05 Thu 5:30

Monsters vs. Aliens (G) Fri-Sun 1:15-4:30-6:45-9:10 Mon-Thu 5:25-7:40

Observe and Report (18A) Fri-Sun 12:55-3:20-7:40-9:55 Mon-Thu 6:20-8:30

State of Play (14A) No Passes Fri-Sun 12:45-3:45-7:10-10:10 No Passes Mon-Thu 6:05-8:50

Sunshine Cleaning (14A) Fri-Sun 1:50-4:05-6:50-9:20 Mon-Thu 5:20-8

Billboard's top albums
1. Unstoppable, Rascal Flatts; **2.** Hannah Montana (Miley Cyrus, right): **3.** The Last Kiss, Jadakiss; **4.** Wide Open, Jason Aldean; **5.** NOW 30, Various Artists. METRO NEWS SERVICES

Music

k-os back to basics

Hip-hop artist crafts fresh beats for latest album Yes!

JASON RICHARDS
for Metro Canada

k-os has taken a step back to the basics on his fourth album Yes!

While his last release, Atlantis: Hymns For Disco, found the hip-hop artist navigating the waters of soul, rock and folk, the new disc is characterized by thoughtful yet lighthearted rhymes underscored by warm melodies — something closer to the feel of his second album, Joyful Rebellion.

Speaking at the Second Cup across from MuchMusic on Toronto's Queen Street West, k-os says the return to form came from being in transition. Finding himself between labels (he jumped from EMI to Universal) and cities (living between Toronto and Vancouver), he got back into the simple and comforting craft of making beats.

"I often do that when I'm trying to figure stuff out," he says. "And that was the whole thing that sparked the album's sound, just the fun-ness of getting on my drum machines that were collecting dust."

There's a refreshingly playful atmosphere running through Yes! Case in point, the track I Wish I Knew Natalie Portman, which features Nelly Furtado and Saukrates, singing and rhyming over the indelible piano line from the track California by Phantom Planet, which is best known as the theme song for the popular TV series The O.C. He first heard the Rich Kidd-produced beat at Saukrates's studio a couple years ago and decided he had to use it.

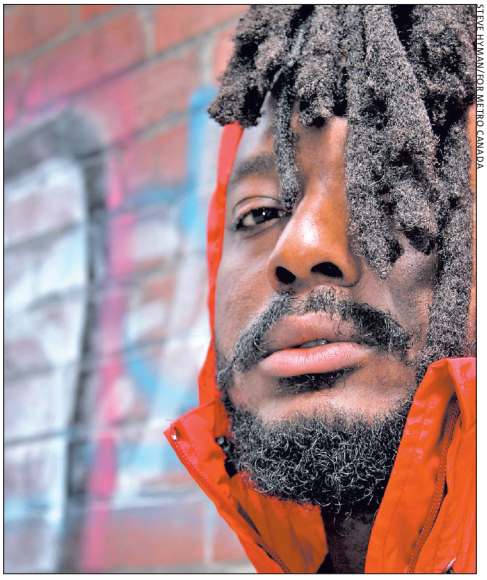
"I think every record is an opportunity to re-establish your persona." k-os

"I was like 'dude, you gotta let me rap on this,'" k-os says. He knew it'd be a hit while DJing. "I did a party at Whislter one time where I ran it and the crowd just got right into it, like right away."

While Portman isn't mentioned in the song, the actress is symbolic to k-os.

While he loves the acknowledgement and attention he receives in this country, "I think part of my soul wants to soar outside of Canada, and Natalie Portman and California represents going west. 'Go west, young man.' Or go south, in this case.

"When I see her work, she's amazing. But the reference is more about wanting to step out of the bubble and get into new realities, which is what I'm about."



STEVE RYAMAN/FOR METRO CANADA

Yes! is the fourth album from Canadian hip-hop artist k-os.

As longtime followers know, k-os stands for knowledge of self and Yes! does feature a healthy dose of introspection typical of his previous work. The self-reflection comes to a peak on the song Burning Bridges, which he insists is more about redefining himself than cutting people from out of his world.

"There's a lyric on that song that goes, 'That's why I'm back in the building, to burn the flame of the fame I was building.' I think every record is an opportunity to re-establish your persona," he says.

"Sometimes I'll see some of the things that I bought in the past, or the clothes in my closet and think, who is that guy? I start to see that I'm separating myself from the person that I was."

k-os in Calgary

- k-os plays the MacEwan Hall in Calgary on May 4.

Music fans push for record store revival

SoundCheck

Alan Cross

metronews.ca/soundcheck

In the olden days before iTunes, Napster and MP3s, there was something called the "record store."

It worked like this: You saved up your money, went to the store (during business hours, of course), scoured the shelving in hopes of finding something that you wanted, waited in line at the counter and then gave a clerk money in exchange for the pieces of plastic in your arms. You then returned home and decrypted what was on those pieces of plastic using strange mechanical equipment, some of which involved dragging a really hard rock through the grooves etched in the more ancient forms of these plastic discs.

Record stores were places where you met other music fans. You learned from their choices and from their opinions. And if you were lucky, you had a guy behind the counter who could counsel you on what to buy and what to avoid.

A trip to teh record store was an adrenalin rush. First, there was the anticipation of what cool thing you might find this week. Second, you had to get past the clerk who vetted your selections, whether you wanted this particular service or not. He'd flip through your potential purchases, assessing each record: "Crap. Crap. Crap. This one's not bad. Crap. Nice one. Crap." Then he'd look at you: "Still want all these?"

All that seems like such a long time ago. There's an entire generation of music fans who have quite literally never set foot in a record store unless it was by accident. The whole experience of record shopping seems primitive and wholly unnecessary.

I like convenience, choice and gadget as much as the next person, but I still enjoy the record store experience. And tomorrow, it's hoped that many millions of people will participate in Record Store Day, an annual international event started in 2007 designed to remind people about the place the record store has in the community.

Here's what you should do. First, check out recordstoreday.com/canada to find the participating stores closest to you. Second, read Nick Hornby's High Fidelity tonight. Third, go hang out in the store for a couple of hours. You'll be glad you did.

The Ongoing History of New Music can be heard on stations across Canada. Read more at ongoinghistory.com and exploremusic.com

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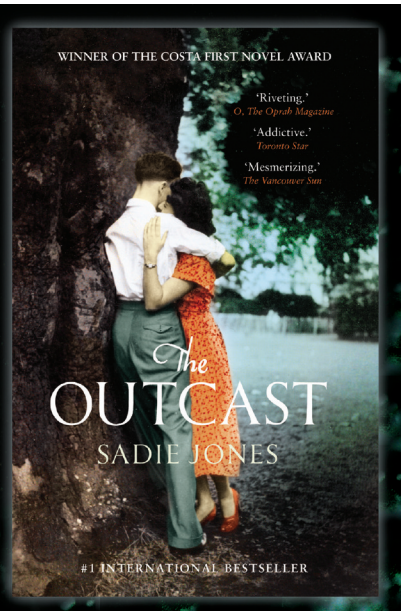

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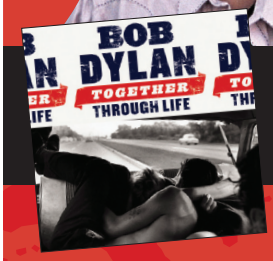

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metro

Music

Levon Helm going Electric on new CD

RECORDING After nabbing a Grammy for his rustic album Dirt Farmer, drummer/vocalist Levon Helm will return June 30 with Electric Dirt.

The 11-song set will be released on Helm's own Dirt Farmer Music, in conjunction with Vanguard. As with Dirt Farmer, Helm recorded at The Barn, his studio in Woodstock, N.Y.

On Dirt Farmer, which ended a 25-year absence from solo work, Helm — a member of defunct rock group The Band — explored the roots of classic Americana and folk. Electric Dirt promises to continue in that tradition, but will tap into more forms from the American musical canon. The original Growing Trade will feature horn arrangements from veteran New Orleans R&B musician Allen Toussaint, and Randy Newman's Kingfish gives a nod to the musical heritage of ragtime-era New Orleans.

The Grateful Dead often covered the Band's classic The Weight in concert, and Helm returns the gesture by opening the album with the group's early-'70s tune Tennessee Jed, by Jerry Garcia and Robert Hunter.

REUTERS

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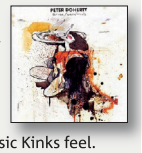
Metro recommends

• **CRACK THE SKYE, MASTODON:** Masterful prog-metal opus comprised of epic songs with complex melodies and a thunderous multi-guitar attack.

• **SELF EXPLANATORY, CLASSIFIED:** Nova Scotia rapper showcases solid rhyming skills in tracks with old-school sampling and 'regular-guy' appeal.

• **GRACE WASTELANDS, PETE DOHERTY:** British ad-boy delivers quirky, ornate folk-pop big on acoustic guitars and a classic Kinks feel.



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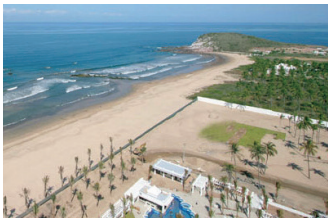

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Jonas Brothers invade Toronto
The 2009 MuchMusic Video Awards will be co-hosted by the Jonas Brothers. The show will air live on Sunday, June 21 at 9 p.m. ET. METRO NEWS SERVICES

Television

Collins' search for success hits TV

IAN JOHNSTON
for Metro Canada

Former Toronto actress/radio host/comic Carla Collins says the decision to leave Canada for Hollywood was easy. It was in every newspaper.

"The word omnipresent and ubiquitous was in front of my name in a thousand newspaper articles," remembered Collins in an interview at Toronto's new burlesque club Jezebels.

"'The ubiquitous Carla Collins' it said. It was like they were tired of me. So sometimes it's good to go away. Though I hope they call me that in the states. That'd be wonderful."

It hasn't happened yet, though not for lack for trying. As the new series Carlawood (Starting Sunday on TVtropolis) makes it clear — don't get in Collins' way. She's one ambitious gal.

Based out of a small apartment in Malibu, Carlawood follows Collins as she attempts to make her mark in the competitive world of acting and comedy.

"I tend to screw up my life whenever I'm comfortable," she says. "I wanted to challenge myself. Play with the bigger, better tennis players. I love the adventure of it all."

Carla Collins

As a show, Carlawood has the trappings of your usual reality show as Carla's pursuit of success leads to odd situations and odder Hollywood characters. Still, it's more documentary in tone; a bit more grounded in real life.

"It's not a train wreck show. I think it's relatable to people. You can't set stuff up. Folks are way too sophisticated for that."

Joining Carla on camera is her husband/actor Tyrone Power Jr., son of the Hollywood icon (Blood and Sand, Nightmare Alley).

"I wanted to challenge myself. Play with the bigger, better tennis players. I love the adventure of it all."
Carla Collins, on her move to Hollywood

He remembers his first meeting with Carla as a tense experience.

"We had a mutual friend who said 'You have to come and see this one-woman comedy show,'" recalls Power.

"And I said don't make me go. If it's awful, there's only one woman in the cast and I have to meet her after the show.

"But 30 seconds in, I knew she was great. Funny, charming, intelligent and gorgeous."

As for her career beyond this show, Carla is busy. She's done a couple of TV pilots and has a feature in development.

"They have preconceived notions in L.A. They like to categorize you.

"But once they start getting you and get who you are, then you start getting the calls."

Debut nears

- Carlawood premieres Sunday at 9 p.m. (ET/PT) on TVtropolis.

Entertainment in brief

KING ARTHUR Cartoon Network is bringing the legend of King Arthur to the 21st century with a live-action movie. Written by Travis Wright (Eagle Eye), the project, tentatively titled Reborn, is inspired by the legend of Merlin. It is described as a modern retelling of the King Arthur tale, with archetypal characters from the legend transported to the present. Lionsgate president of motion picture production Alli Shearmur developed the idea with Wright.

WEEDS Jennifer Jason Leigh will play Mary-Louise Parker's estranged older sister on Showtime's comedy series Weeds. The recurring role calls for Leigh to appear in at least two episodes of the series, which was picked up last year for Seasons 5 and 6. The fifthseason of Weeds premieres in June. Leigh will also co-star opposite Ben Stiller in the feature Greenberg, her second film with her husband, writer/director Noah Baumbach.

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FRIDAY

CA	Vu	SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
4/17/09	243	317 3 CFCN	etalk	Hollywood	Spectacle: Elivs		Ghost Whisperer (HDTV)		Flashpoint "First in Line"		News (N)
	-	- 4 OMNI	Two/Half Men	The Simpsons	News		News		The Simpsons	King	Metropia
	-	371 5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Wife Swap (N)		Supernanny (N)		20/20
	245	306 6 CBRT	NHL Hockey	CBC News	NHL Hockey: Western Conference Quarterfinal Game 2 -- Blues at Canucks						National
	244	338 7 CICT	Malcolm-Mid.	Entertainment	NUMB3RS (HDTV)		Prison Break (HDTV)		Prison Break (HDTV) (N)		News Hour
	246	- 8 CKAL	Law & Order: SVU		Mantracker		Departures "Jordan"		Out There	Out There	Your City
	-	372 12 KREM	News (N)	Hollywood	The Doctors (N)		Ghost Whisperer (HDTV)		Flashpoint "First in Line"		NUMB3RS
	-	374 14 KSPS	NewsHour With Jim Lehrer		Wash. Week	McLaughlin	Bill Moyers Journal (N)		NOW on PBS (HDTV) (N)		Vicar of Dibley
	-	370 16 KHQ	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	Howie Do It (N)	Howie Do It (N)	Dateline NBC (N)		
	-	373 22 KAYU	The Simpsons	Raymond	Two/Half Men	Two/Half Men	Prison Break (HDTV)		Prison Break (HDTV) (N)		News (N)
news	502	390 15 CBC	CBC News: The National		CBC News: The National		CBC News: The National		CBC News: The National		fifth estate
	500	500 29 CNN	Larry King Live (N)		Anderson Cooper 360 (HDTV)				Larry King Live		Cooper 360
	501	391 52 CTV	CTV Newsnet		News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News
sports	400	400 21 TSN	NHL Hockey: Conf. Quarterfinal		SportsCentre (HDTV) (Live)			NASCAR Racing: Nationwide Series			
	408	418 27 net	MLB Baseball		Sportsnet Con.	MLB Baseball Colorado Rockies at Los Angeles Dodgers. (Live)					Sportsnet Con.
family	552	543 20 YTV	iCarly	Family Biz (N)	*Cheaper by the Dozen 2* ★★ (2005, Comedy)				Prank Patrol	Prank Patrol	Family Biz
	557	541 39 FAM	Zoey 101	Wizards-Place	Sonny Chance	*You Wish!* (2003, Fantasy) A.J. Trauth.			*Read It and Weep* (2006, Comedy)		
cable variety	-	- 18 CHTV	The Insider (N)	E News	Are You Smarter		THS: The Real Life CSI		20/20 (HDTV)		News (N)
	603	561 25 FOOD	Bobby Flay	Dinner Imposs.	Diner, Drive-In	Diner, Drive-In	Ramsay's Kitchen Nightmares		Unwrapped	Unwrapped	Bobby Flay
	615	520 26 A&E	CSI: Miami (HDTV)		CSI: Miami "Killer Date"		Criminal Minds (HDTV)		CSI: Miami "Game Over"		CSI: Miami
	617	522 32 SHOW	Wife Swap		The Outer Limits		Durham County		Testees	Kenny-Spenny	Webdreams
	520	505 35 DISC	Man vs. Wild "Jungle"		Forensic Factor (N)		Daily Planet		Man vs. Wild "Jungle"		Heli-Loggers
	628	584 43 SPIKE	*Star Wars: Episode I -- The Phantom Menace* ★★ (1999, Science Fiction) Liam Neeson.						*Star Wars: Episode II -- Attack of the Clones*		
	522	516 45 HIST	Urban Legends	Urban Legends	NCIS "Leap of Faith"		Jurassic Fight Club		Urban Legends	Urban Legends	Ice Road Trck
	581	566 102 MTV	Nitro Circus	Fantasy Fact.	Fantasy Fact.	Nitro Circus	Dianes Dad	Cribs	Real World-Road Rules		Fantasy Fact.

SATURDAY

CA	Vu	SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
4/18/09	243	317 3 CFCN	W-FIVE		Law & Order (HDTV)		CSI: NY "Personal Foul"		Law & Order: SVU		News (N)
	-	- 4 OMNI	Omni News: Mandarin		*Twins Mission* (2007, Action) Sammo Hung, Gillian Chung.				Trendy Zone	Word for Word	Chinese Rest.
	-	371 5 KXLY	News	The Insider (N)	Entertainment Tonight		*Harry Potter and the Sorcerer's Stone* ★★★ (2001, Fantasy)				
	245	306 6 CBRT	NHL Hockey: East Quarterfinal -- Canadiens at Bruins				*Troy* ★★★ (2004, Adventure) Brad Pitt, Eric Bana, Orlando Bloom.				
	244	338 7 CICT	ET Canada	Masterminds	National Spelling Bee Finals		Doc		Doc "Donny's Millions"		News (N)
	246	- 8 CKAL	Without a Trace		Murdoch Mysteries		*She* (2001, Adventure) Ophélie Winter, Ian Duncan.				The City Show
primetime	-	372 12 KREM	News (N)	Scrubs	Houses For	Paid Program	CSI: NY "Personal Foul"		48 Hours Mystery		48 Hr. Mystery
	-	374 14 KSPS	The Lawrence Welk Show		Jack Benny	Time Goes By	*Key Largo* ★★★ (1948, Crime Drama) (DVS)				Doors: Europe
	-	370 16 KHQ	News (N)	Judge Judy	CSI: NY "Heart of Glass"		Kings "Judgment Day"		Law & Order: SVU		Law & Order
	-	373 22 KAYU	(6) NASCAR Racing Sprint Cup -- Subway Fresh Fit 500. (HDTV) (Live)						House "Insensitive"		News (N)
news	502	390 15 CBC	Sat. Report	Mansbridge	Doc Zone "Porndemic"		Sat. Report	Weekend	Sat. Report	Mansbridge	Doc Zone
	500	500 29 CNN	Larry King Live		Newsroom		Addiction: Life on the Edge		Larry King Live		D.L. Hughley
	501	391 52 CTV	CTV Newsnet-Scott Laurie		News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News
sports	400	400 21 TSN	NHL Hockey: West Quarterfinal -- Flames at Blackhawks					SportsCentre	Hockey 2009 Allan Cup.		
	408	418 27 net	Sportsnet Connected		English Premier League Soccer Teams TBA.				Saturday Night Poker		Sportsnet Con.
family	552	543 20 YTV	Kid vs. Kat	League-Evil	Prank Patrol	Prank Patrol	*The Great Outdoors* ★★ (1988, Comedy) Dan Aykroyd.				Naruto
	557	541 39 FAM	Natural-Sadie	Flight 29 Down	That's-Raven	Zoey 101	Life Derek	Han. Montana	*The Secret Garden* ★★★ (1993, Drama)		
cable variety	-	- 18 CHTV	Chef School	E News	*A Trick of the Mind* (2006, Suspense) Paul Johansson.				Show Yours	G-Spot	E News
	603	561 25 FOOD	Ultimate Recipe Showdown		Hell's Kitchen		The F Word		Challenge		Ult. Recipe
	615	520 26 A&E	CSI: Miami "Big Brother"		CSI: Miami (HDTV)		CSI: Miami (HDTV)		CSI: Miami "Grand Prix"		CSI: Miami
	617	522 32 SHOW	*Mission*	Trailer Park	Mutant X "Blood Ties"		*The House Next Door* (2006, Suspense) Lara Flynn Boyle.				*Ocean's 11*
	520	505 35 DISC	Destroyed	Time Warp	Criss Angel	Criss Angel	Guinea Pig	Guinea Pig	Destroyed	Time Warp	Criss Angel
	628	584 43 SPIKE	*Star Wars V: The Empire*		*Star Wars VI: Return of the Jedi* ★★★ (1983, Science Fiction) Mark Hamill, Carrie Fisher.						*Star Wars IV*
	522	516 45 HIST	Doomed-Karluk		NCIS "Sharif Returns"		Crime Stories		*The Siege* ★★ (1998, Action)		
	581	566 102 MTV	MTV News	After	Cribs	Cribs	Cribs	Cribs	Cribs	Cribs	Dianes Dad

SUNDAY

CA	Vu	SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
4/19/09	243	317 3 CFCN	Star Wars Clo.	Big Bang Th	The Mentalist (HDTV)		The Amazing Race 14		Desperate Housewives		News (N)
	-	- 4 OMNI	Without a Trace "Bait"		King	King	Bollywood Boulevard		Tongues: History Language		Chardi Kalaa
	-	371 5 KXLY	News	Storm Stories	Funniest Home Videos		Extreme Makeover: Home		Desperate Housewives		Brothers
	245	306 6 CBRT	NHL Hockey	CBC News	NHL Hockey Western Conference Quarterfinal Game 2 -- Anaheim Ducks at San Jose Sharks.						CBC News
	244	338 7 CICT	16:9 Picture	Bob & Doug	(8:01) Brothers & Sisters (N)		The Simpsons	Sit Down, Shut	Family Guy (N)	American Dad	News (N)
	246	- 8 CKAL	Two/Half Men	Two/Half Men	Friends	Hates Chris	Kings		Rock of Love Bus		Reviews
primetime	-	372 12 KREM	News (N)		60 Minutes		The Amazing Race 14		*The Courageous Heart of Irena Sendler*		
	-	374 14 KSPS	Lark Rise to Candleford		Nature (HDTV) (N) (DVS)		Masterpiece Classic "Little Dorrit" (N)			West Coast	MI-5
	-	370 16 KHQ	News	Paid Program	Miss USA 2009 Contestants compete.				The Celebrity Apprentice (N)		
	-	373 22 KAYU	House "Half-Wit"		American Dad	King of the Hill	The Simpsons	Sit Down, Shut	Family Guy (N)	American Dad	News (N)
news	502	390 15 CBC	CBC News: Sunday Night (N)		*An Inconvenient Truth* ★★★ (2006, Documentary)				CBC News: Sunday Night		*Inconvenient*
	500	500 29 CNN	Larry King Live		Newsroom		Addiction: Life on the Edge		Larry King Live		Newsroom
	501	391 52 CTV	CTV Newsnet-Scott Laurie		News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News
sports	400	400 21 TSN	NHL Hockey: Conf. Quarterfinal		SportsCentre (HDTV) (Live)			Hockey: IIHF World U-18 Champ. Gold Medal			
	408	418 27 net	MLB Baseball Colorado Rockies at Los Angeles Dodgers.				Sportsnet Connected		Sportsnet Connected		Poker
family	552	543 20 YTV	*Chestnut: Hero of Central Park* (2006, Comedy) Makenzie Vega.					Prank Patrol	In Real Life		Adrenaline Proj
	557	541 39 FAM	Naturally Sadie	Flight 29 Down	That's-Raven	Zoey 101	Life Derek	Han. Montana	*The Muppets Take Manhattan* (1984, Comedy)		
cable variety	-	- 18 CHTV	Inside Hollywood		The E! True Hollywood Story		Extreme Makeover: Home		The Celebrity Apprentice (N)		
	603	561 25 FOOD	Iron Chef America		The Next Iron Chef		At the Table	At the Table	Get on Plate	Food Detective	Iron Chef Am.
	615	520 26 A&E	CSI: Miami (HDTV)		The Sopranos (HDTV)		The Sopranos (HDTV)		CSI: Miami (HDTV)		CSI: Miami
	617	522 32 SHOW	*Ocean's 11*	Trailer Park	The Guard "Wake"		*Lost in the Dark* (2007, Suspense) Mae Whitman.				Rescue Me (N)
	520	505 35 DISC	Deadliest Catch: Season 4		MythBusters		Anthony Bourdain		Deadliest Catch: Best of Season 4		
	628	584 43 SPIKE	UFC Unleashed		UFC Unleashed		UFC Unleashed		Deadliest Warrior (HDTV)		Ult. Fighter
	522	516 45 HIST	(6) Nostradamus: 2012 (N)		Life After People (N)				*Deep Impact* ★★ (1998, Drama)		
	581	566 102 MTV	Cribs	Cribs	Cribs	Cribs	After	MTV News	Made "Pop Singer"		Cribs

Mulroney gets his own radio show
Ben Mulroney, left, is adding radio airwaves to his repertoire as host of ETALK 20, a weekly two-hour radio show launching this weekend that counts down the hottest chart-topping tunes in Canada. METRO NEWS SERVICES

Entertainment

BRYAN BEDDER/GETTY IMAGES

Singer Solange Knowles attends The Body Shop and MTV Networks' Say Yes, Yes, Yes to Safe Sex event at Meet at the Apartment on Tuesday in New York City.

Encouraging safe sex

JANINE FALCON
for Metro Canada

"When I got the numbers — 3,000 young people under 25 being affected daily — I would never have thought that would be the statistic," says Solange Knowles about HIV/AIDS-related unprotected sex.

The young singer/songwriter helped to kick off the global Yes, Yes, Yes to Safe Sex event for MTV and The Body Shop in New York City on Tuesday.

"Initially I thought this was a really heavy, scary topic, but it must be talked about … There are so many campaigns that preach wrap-it-up, wrap-it-up, condom, condom, condom, but the numbers aren't going down — they're rising. Collectively, we have to figure out a way to make this less uncomfortable to talk about, to state the facts and bring awareness so that young people can react."

MTV and The Body Shop are doing their part with campaigns to benefit MTV's Staying Alive Foundation, which works to empower the 18 to 25 set when it comes to the safety-first sex issue. With each $8 purchase of The Body Shop's Tantalizing Lip Butter, $5 goes toward the foundation (staying-alive.org) to help create HIV-prevention programs.

"Collectively, we have to figure out a way to make this less uncomfortable to talk about, to state the facts and bring awareness so that young people can react."
Solange Knowles

Knowles, 22, firmly maintains that advocating abstinence isn't enough.

"My parents did a really great job at giving us what I call 'the real deal holy field' so that we could be in the position to make decisions on our own," she says in an interview with Metro. Knowles added that she was about 13 when she first learned about safe sex.

For her, education and being armed with all the facts about risks and consequences is key. "The reality is that young people are having sex," she insists. And getting a no-sex-before-marriage message from one side, and uninformed input from a young peer group on the other side can result in confusion.

On the subject of being a role model for today's young people, Knowles is quick to credit her mother as a positive influence in her life and to say she had great role models, but that no matter how many resources there are, ultimately people have to make their own choices.

"Obviously, me having a child at 18 may not be someone's perception of a role model, and some people could quickly say where was your mother," she admits. "But it's decision-making you have to live with, that you have to be happy with. No matter how many people you have telling you what to do, it's a personal thing. You need to have the facts and education to make an educated decision."

Knowles is planning to hit schools to talk about safe sex, and hopes to help young people celebrate diversity as a foundation for personal strength.

For herself, Knowles is continuing to develop herself as an artist, focussing on her music. She's heading back into the studio this summer.

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American Idol's Fantasia gets her own reality show
Fantasia Barrino, left, must have loved being on reality TV. The former American Idol star will be back in the game come early 2010 — starring in a new unscripted series on VH1. PEOPLE.COM

Going Out

Metro's 7th Heaven: Metro taps what's hot right now

1 Portuguese water dogs

PET Yes, they can — make great pets, that is. Ever since Portie pup Bo was adopted by the Obama family, the demand for the lovable breed has gone up. The Star-Ledger recently reported that New Jersey breeders are fielding more calls about the dog. Many animal lovers are also worried that the craze might give way to unethical breeding practices

2 Susan Boyle

PERSON She came, she sang, she conquered. The unassuming 47-year-old from Scotland brought the snickering audience and judges to her feet last week after her breathtaking performance of I Dreamed a Dream on Britain's Got Talent. The clip has since gone viral and is on its way to becoming one of the defining TV moments of this year, if not the decade.

3 Carlawood

SHOW This reality show to end all reality shows — actually, just mock them — features Canadian funny woman Carla Collins, who was a ubiquitous name in the '90s and early 2000s for her stint with Entertainment Tonight and her roles in Paradise Falls and Sonic Temple. The series begins Sunday on TVTropolis at 9 p.m. ET.

4 The '80s

MUSIC Music from the Reagan era has been bubbling under for a while, thanks to recent indie bands such as M83 and Cut Copy, but nothing heralds a comeback like fresh material from the original heroes. Next week, electro-disco era superstars Depeche Mode and Pet Shop Boys will be releasing new albums, Sounds of the Universe and Yes respectively. The Flock of Seagull haircut can't be far behind.

5 Frost/Nixon

DVD Arguably the most underrated of all major 2009 Oscar nominees, this film adaptation of Peter Morgan's hit play is both entertaining and illuminating. In fact, director Ron Howard makes the infamous 1977 interview between British host David Frost and former U.S. president Richard Nixon a tense, terse cat-and-mouse game that will pin you to your seat. Frank Langella as Nixon is priceless.

6 Cops on Twitter

TREND For many police departments across North America, it takes just 140 characters to uphold the law these days. While some are using the popular microblog to alert people to traffic disruptions, others are using it to explain why police are in a certain neighbourhood or to offer crime prevention tips.

7 Earth Day

CAUSE This eco-friendly event may not have the dramatic heft of Earth Hour (lights out across the world for 60 minutes in the evening) but April 22 is a good reminder of our environmental responsibilities, especially in a tough economy where green thinking can easily fall off the radar.

Mix of Six

Harlem Globetrotters
When: Saturday, 7 p.m.
Where: Stampede Centre
Harlem's basketball court jesters are sure to make some people laugh when they hit the Stampede Centre. It's a great place to take the kids as well, as they might even get to meet one of the famous Globetrotters.

Clothing Swap Fundraiser
When: The Old YMCA
Where: Sunday, 1:30-6 p.m.
Have some old clothes that don't fit so well anymore? Get rid of those less-than-golden oldies and revamp your closet at this clothing swap fundraiser. Proceeds go to Calgary Crime Stoppers.

Wen Wei Dance
When: Until Saturday
Where: Theatre Junction Grand
Saturday is the last chance to see Wen Wei Wang's latest dance masterpiece, Three Sixty Five. Performed by six artists (three men and three women), it's an emotional dance that explores Canadian identity, life and death through music. Starts at 8p.m.

GreenSkate
When: Sunday, 1 p.m.
Where: Millennium Park
Minimize your impact on the environment by cruising the streets on a longboard or skateboard. Join others as they celebrate their small carbon footprints with a 7.5 km ride.

Underground Film Festival
When: Until April 19
Where: The Plaza Theatre
It's the last chance to catch this unconventional showcase of independent cinema. Make sure to check out Sunday's closing gala, which features Veer, a documentary about America's fast-growing bicycle culture.

Gavin Rossdale
When: Saturday, 8 p.m.
Where: MacEwan Ballroom
Ex-Bush frontman and rock-and-roll dad, Gavin Rossdale, takes over the MacEwan Ballroom Saturday night to perform tracks off his debut solo album, Wanderlust. Tickets are available through Ticketmaster.

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Hudson may appear on CW

Kate Hudson may be changing zip codes from Malibu to 90210. Although her rep denies that Hudson will be on the show, an insider tells In Touch that the actress has agreed to make a guest appearance on an episode of The CW drama. INTOUCHWEEKLY.COM

Going Out

Keener joins Percy Jackson cast

Catherine Keener has joined the cast of Percy Jackson, director Christopher Columbus' adaptation of Rick Riordan's fantasy-adventure book series.

The books, which put Greek gods in modern times, involve Poseidon's half-human son, Percy, who is on a quest in modern America to prevent a war among the gods.

Columbus and Craig Titley wrote the screenplay for the Fox 2000 feature.

Keener plays Percy's mother, who has battled to protect her son from otherworldly forces but has been abducted by Hades.

The actress joins a lineup that includes Pierce Brosnan, Uma Thurman, Sean Bean, Kevin McKidd and Melina Kanakaredes. Logan Lerman plays Percy

Keener, who next appears in The Soloist with Robert Downey Jr. and Jamie Foxx, just wrapped Fox Searchlight's untitled comedy with John C. Reilly, Jonah Hill and Marisa Tomei, written and directed by the Duplass brothers (Baghead).

HOLLYWOOD REPORTER

In brief

FILM Director Patrick Tatopoulos, Underworld co-creator Kevin Grevioux and Death Ray Films are teaming to bring the comic book I, Frankenstein to the big screen. I, Frankenstein is an upcoming Darkstorm Comic written by Grevioux that brings together classic monster characters, including Frankenstein's Monster, the Invisible Man and Dracula, in a contemporary film noir setting.

HOLLYWOOD REPORTE

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Entertainment

Octomom wants 18-year doc deal

TELEVISION The mother of newborn octuplets says she will do a documentary series following her babies until they are 18 years old, but the production company says it is still in "exclusive negotiations" for the deal.

Nadya Suleman, who gave birth to six boys and two girls in Los Angeles on Jan. 26, said she would allow a television crew to film her family six times a year. The babies are only the second known set of octuplets born alive in the United States.

"It is official. I'm going to be doing a show, but it's not a reality show," Suleman told Life & Style magazine, adding that the series would be made by the British arm of independent production company Eyeworks.

"What I'm doing with this TV show is basically creating documentaries about the lives of my children. It's going to be an ongoing thing, and it will follow them from now until they are 18," she said.

Suleman said the show would be aired in Britain and then possibly the United States.

Nadya Suleman, also known at Octomom.

But Eyeworks chief executive officer Reinout Oerlemans said in a statement Wednesday that the company was still in "exclusive negotiations" with Suleman for "an unscripted format following the life of Nadya and her children."

"Nadya's story is a very unique and exciting one that needs to be told in the right manner," Oerlemans said. "We are confident that we are the right party to tell their story around the world."

Suleman became a lightning rod for public ridicule after it was learned that she was a divorced, jobless mother of six living with her parents on government assistance when she became pregnant with octuplets through in vitro fertilization. Suleman — nicknamed "Octomom" in the U.S. media — has since moved into a new home with her children and the last of the octuplets was released from the hospital this week. REUTERS

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Penelope embraces aging

Penelope Cruz has vowed to grow old gracefully like her icon Sophia Loren and insists she will not have cosmetic surgery to keep her looks — and looks forward to getting grey hair and wrinkles. FEMALEFIRST.CO.UK

Celebrity Buzz

Art imitates life for Aniston

PEOPLE Jennifer Aniston has reportedly found inspiration from the movie she's filming, The Baster, about a 40-year-old woman who turns to artificial insemination to get pregnant.

"Jen's been telling everyone on the set this film should be promoted as the story of her life," a source tells the National Enquirer. "But the real shocker is that she says her top candidate for artificial insemination is David Schwimmer."

Oddly enough, on their hit show Friends, Schwimmer's character fathered Aniston's character's child.

GETTY IMAGES

METRO WORLD NEWS

Mel's secret lover?

RELATIONSHIP Days after Mel Gibson's wife of 28 years, Robyn, filed for divorce, a 24-year-old Russian pop singer has come forth, claiming that she had a romantic relationship with the 53-year-old actor and has now fallen in love, usmagazine.com alleges.

In an interview in Britain's The Sun, Oksana Pochepa confirms that she is the mystery brunette photographed kissing Gibson on a Costa Rican beach in March.

"This is serious and I hope that our union will be real and strong and long-lasting," she told the paper.

Us Weekly reports that the two met last August when Pochepa was hired to compose a song for Gibson's upcoming thriller Edge of Darkness.

A source on the set tells Us that the pair — who would spend days alone together in his trailer — always tried to be discreet about their relationship.

"They would come out and attempt to walk around separately, but then at the end of the day, they both returned to the same hotel ... She was there on and off for a week, but it was clear she had no business there other than to be with Mel."

METRO NEWS SERVICES

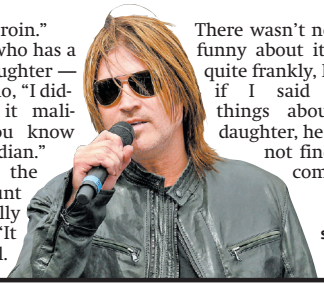
Billy Ray flays Foxx for remarks

DISPUTE Billy Ray Cyrus says Jamie Foxx was out of line after making crude cracks at his 16-year-old daughter, Miley Cyrus, usmagazine.com reports.

Foxx, 41, apologized Tuesday for saying on his Sirius radio show that the Hannah Montana star needs "to get a gum transplant ... make a sex tape ... do some heroin."

Foxx — who has a teenage daughter — told Jay Leno, "I didn't mean it maliciously. You know I'm a comedian."

But on the Bonnie Hunt Show, Billy Ray says, "It was hurtful. There wasn't nothing funny about it. And, quite frankly, I think if I said those things about his daughter, he might not find it so comedic."



METRO NEWS SERVICES

LiLo breaking down?

PEOPLE Since her breakup with Samantha Ronson, Lindsay Lohan has reportedly gotten out of control, drinking and partying all over Los Angeles — and now her family is trying to get the troubled actress back into rehab, according to OK! Magazine.

"We're all trying to convince Lindsay to go," a relative tells the magazine.

The topic even reportedly led to a raucous shouting match between Lindsay and her mom, Dina Lohan, early in the morning on Easter Sunday, disturbing the Hollywood Hills neighbourhood where Lindsay is renting a house.

METRO NEWS SERVICE

Mandy's career relaunch

CAREER Mandy Moore doesn't like her own music, femalefirst.co.uk reports.

The singer says she has never recorded a "quality" song because her label chose all her music.

She said: "The music is all a reflection of me now, not somebody else's choices. I was just told to show up and what to sing. That was late-'90s pop music for you.

"I found myself in the company of Britney Spears and Christina Aguilera, who had really quality music, much more so than mine," she said. Mandy hopes her new album Amanda Leigh — made with the help of her musician husband Ryan Adams — will change her pop reputation.

METRO NEWS SERVICE

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BT BREAKFAST TELEVISION

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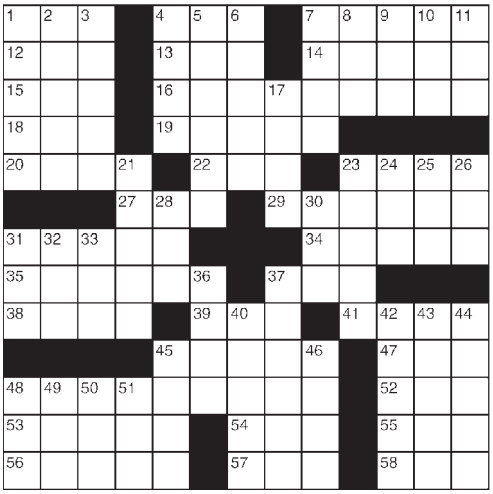

Crossword across

1 Pompous sort
4 Upper limit
7 Excavate
12 Wire measure
13 — Dhabi
14 Overact
15 Literary collection
16 Ransom-note writer
18 Author Fleming
19 Double- — sword
20 Approaching
22 Spud bud
23 A handful
27 Early hrs.
29 Neat and stylish
31 Bow or Barton
34 Starbucks order
35 Eve, e.g.
37 Sailor
38 Do what you're told
39 Brewery product
41 Close friends
45 Steve Carell role
47 Actor McBride
48 Insecticide alternative
52 Annoy
53 Hunter in the sky
54 Patriotic chant
55 Appomattox also-ran
56 First Oscar-winning film
57 Remuneration
58 "Undeniably"

Crossword down

1 With full force
2 Egyptian peninsula
3 Word on the street?
4 Birthday party must-have
5 Tolerates
6 On the plump side
7 Out of play
8 Mischievous tyke
9 Bush league?
10 Salt Lake tribe member
11 Apiece
17 Requirement
21 Shrewish one
23 Ignite
24 Make up your mind
25 Encountered
26 Prior to
28 West of Hollywood
30 Chicken-king link
31 — -Magnon
32 Science workshop
33 Mimic
36 Freeway access
37 Nobel-winning Mother
40 Drink eagerly
42 With aloofness
43 Crowd?
44 Increases, as prices
45 Lacking
46 Salver
48 Acknowledge applause
49 Spoon-bender Geller
50 Martini ingredient
51 Last king of Albania

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

				9		3	6	7
7	2		4	6			1	
						8		
			8					3
2	3		1		6		5	9
9					5			
		2						
	9			3	7		4	1
6	7	4		8				

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

5	8	2	4	6	1	3	7	9
7	6	1	9	5	3	2	8	4
3	9	4	7	8	2	5	6	1
6	2	7	3	1	4	8	9	5
8	4	3	2	9	5	6	1	7
9	1	5	8	7	6	4	2	3
1	3	8	5	2	7	9	4	6
4	7	9	6	3	8	1	5	2
2	5	6	1	4	9	7	3	8

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:
Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min.....Not bad
25+ min.....Keep practising

Metro Recipe of the Day

Sweet and Sour Glazed Pork with Pineapple

INGREDIENTS:
14 oz (398 ml) can juice-packed pineapple wedges
1/2 cup (125 ml) red currant jelly
2 tbsp (25 ml) plus 2 tsp (10 mL) Dijon mustard
3/4 tsp (4 ml) salt
1 lb (500 g) well-trimmed pork tenderloin
1 tbsp (15 ml) lemon juice

METHOD:
1. Preheat oven to 400 F (200 C). Drain and dice pineapple, reserving juice.
2. Combine pineapple juice, currant jelly, 2 tbsp (25 ml) mustard, and 1/4 tsp (1 ml) salt in small pot. Cook over medium heat, stirring frequently, until jelly has melted and mixture is slightly syrupy and reduced to 2/3 cup, 5 minutes. Cool to room temperature. Measure out 1/2 cup of mixture and set aside as a sauce. Reserve mixture remaining in pot for a baste.
3. Place pork in 7 x 11-in. (18 x 28-cm) baking dish. Sprinkle with lemon juice and remaining 1/2 tsp (2 ml) salt. Brush pork with basting mixture. Roast pork, basting every 10 minutes with pan juices, until cooked through, 30 minutes.
4. Meanwhile, combine diced pineapple with remaining 2 tsp (10 ml) mustard in small bowl. Let cooked pork stand 10 minutes before slicing. Serve sliced pork with reserved sauce and pineapple-mustard mixture on the side.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes

AVATAR VENUS

ARIES ♈
MARCH 21-APRIL 20
Excellent advice helps to clear your mind. Uncertainty is exposed. An old favourite finds the consolation of love.

TAURUS ♉
APRIL 21-MAY 21
A simple task is counter-productive. A heartless tale is an amusing revelation. There's a good reason for someone's hostility.

GEMINI ♊
MAY 22-JUNE 21
Recover from heartache by asking for help. You'll stumble over foolish beliefs. An old lesson now has special meaning.

CANCER ♋
JUNE 22-JULY 22
Consideration for others causes a risk to arise. Responsibilities slow you down to a crawl. There are twinges of guilt over a tempting offer.

LEO ♌
JULY 23-AUG 23
A stranger's defeat won't drain your energy. A chat results from a wise decision. A false alarm defines incompetence.

VIRGO ♍
AUG 24-SEPT 22
Be especially careful with neighbours. An honourable person is checked for imperfection. Renewal comes from uninhibited career goals.

LIBRA ♎
SEPT 23-OCT 23
A misunderstanding focuses on wasting time. A friend might not sidestep a feud. You'll inspire others and help them to grow.

SCORPIO ♏
OCT 24-NOV 22
Satisfaction comes from trusting your instincts. Your hopes are raised by reaching an agreement. Someone's whimsy gets in the way.

SAGITTARIUS ♐
NOV 23-DEC 21
Exceptional evidence of past issues is presented. Drag yourself away from a technical conversation. Be very clear about your distress.

CAPRICORN ♑
DEC 22-JAN 20
A fearful friend feels sorry for himself. Don't encourage anyone to avoid work. You can attain power by giving assistance.

AQUARIUS ♒
JAN 21-FEB 18
Rise above panic and have new hope for the future. Ask to be released from obligations. A companion's blunder goes unpunished.

PISCES ♓
FEB 19-MARCH 20
Investigate an ally's tenacity. A mark of respect is hard to find. Make it easy for others to talk to you.

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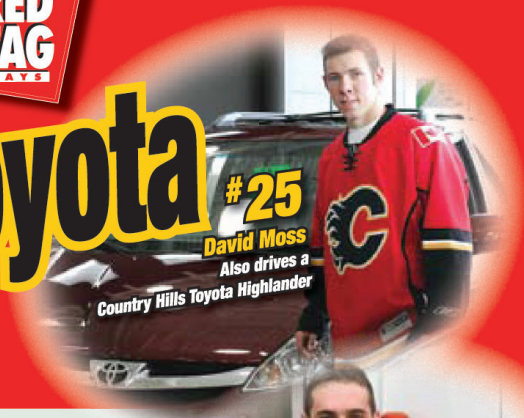

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